

What's On Your Nightstand?

Scott Montgomery

“Half Time” by Bob Buford

“The Power of Now” by Eckhart Tolle

“Born to Run” by Christopher McDougall

Scott Montgomery, general manager and vice president of Scott USA's bicycle division, is a steady reader.

“This year I have broadened my scope from the usual business and history fare,” Montgomery said. “It's been a transition time in my life and that has impacted my reading habits.”

Montgomery traditionally starts a book, finishes it and starts another. “This year is different as I am actually reading six different books, keeping them all in the air like a juggling act. ‘Half Time’ is really about what you want to do with the second half of your life, with a focus on giving back more than taking,” he said.

Montgomery is delegating more, rather than trying to accomplish every

goal himself.

“‘The Power of Now’ is even deeper,” Montgomery said. “It's really helping me appreciate the world around me. I tend to be very goal-oriented and driven and sometimes don't stop to smell the coffee. This book is really helping

me concentrate on the wonderful things that are happening this minute with my business, life and family.

“‘Born to Run’ is my pure fun read, a really interesting historical thread on running and living life,” Montgomery continued. “I am still a competitive runner, doing half marathons, triath-

lons and duathlons. I could easily finish it this week, but I like to read when I want to relax. Christopher has written for *Men's Health* and *Outside* so there are lots of references to our industry—Lance, Leadville 100—that keeps it very fresh.” —Ray Keener

